



hunt⇒**office**
interiors™

Design | Build | Deliver



WELCOME



ABOUT US

- Office Fit-Out
- Office Refurbishment
- Office Furniture & Seating

Hunt Office Interiors is one of Ireland's leading office fit-out companies with over 20 years of experience.

We work with companies from all sectors providing modern, fit-for-purpose workspaces for our clients using the most up to date products available.

With showroom facilities in Citywest, Dublin & Newcastlewest in Limerick, we'd love to show you what we can do.

Contact us today to arrange an appointment.

Web: huntofficeinteriors.ie
Email: interiors@huntoffice.ie
Tel: 01 623 0623

CORRECT SITTING POSTURE

COMPUTER WORKSTATION ERGONOMICS

MONITOR

Adjust distance and height: top of the monitor at eye-level and slightly tilted.

18/24 in (45-70 cm)

ARMS

Relax shoulders, forearms parallel to the floor. Minimal bend at the wrist.

CHAIR

Should have a backrest and armrests, adjust height.

LEGS

Thighs parallel to the floor.

FEET

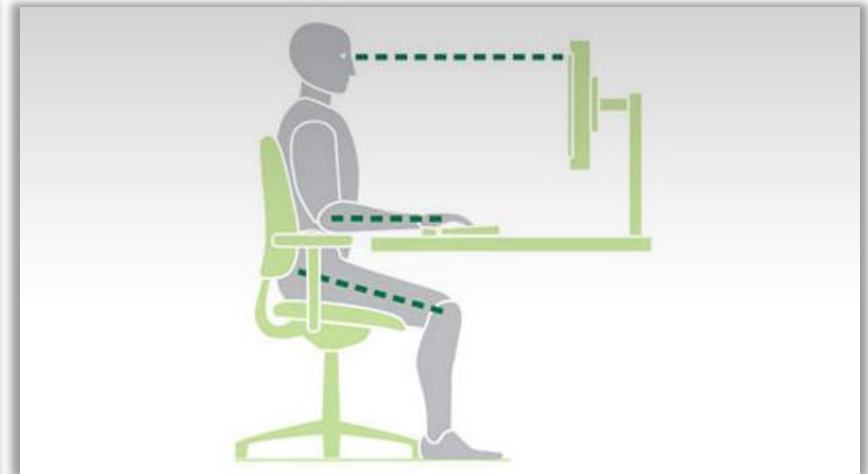
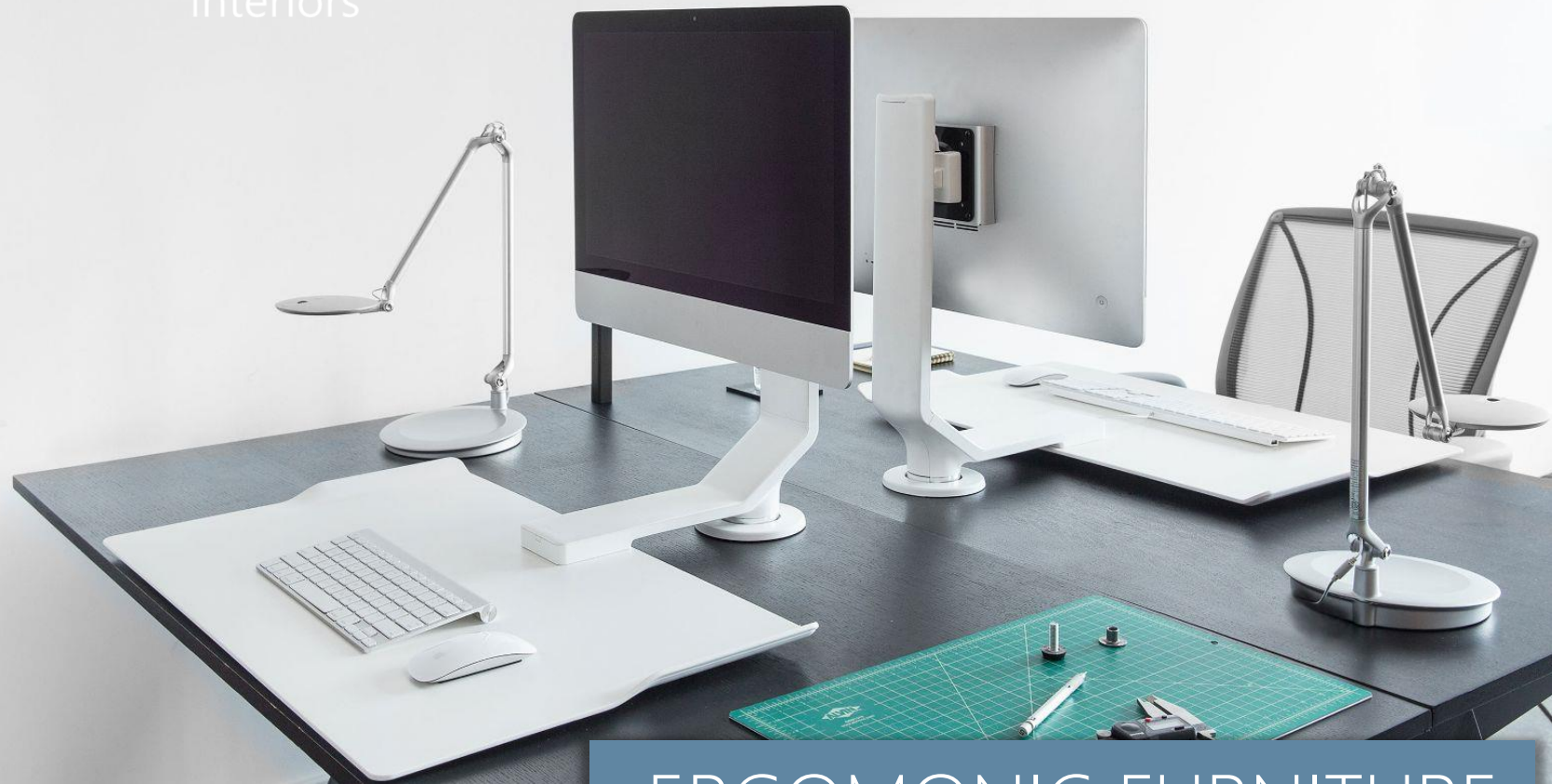
Parallel to the floor, use a footrest if necessary.



Ergonomic Furniture, Office Products and Accessories help us work more comfortably, efficiently and boost productivity. We stock a range of Ergonomic products including Posture/Task Chairs, Height Adjustable Desks, Monitor Stands & Arms, Footrests, Back Support, Ergonomic Keyboards, Mouse, Wrist Rests, Lighting and more.



huntoffice
interiors™



ERGOMONIC FURNITURE





ERGOMONIC FURNITURE





Nationwide Fit Out Service

VISIT ONE OF OUR SHOWROOMS TODAY
LIMERICK - DUBLIN - CORK

Email: interiors@huntoffice.ie



LIMERICK
Tel: 069 77000



DUBLIN
Tel: 01 623 0623



CORK
Tel: 021 471 8333

Design | Build | Deliver